



Welcome to Skalios
Bay, Alythos



Welcome to the Aegean Dream Resort, we hope you survive your stay.

Whether you're here to dive into the shallow Aegean Sea, pamper yourself to death in our beautiful spa, or sip a killer cocktail by the pool, you'll soon find that Alythos has a way of getting under your skin.

This guide contains everything you need for a wonderful stay. But if you require anything more – just ask. (Discreetly, please.)

We trust your time here will be restful, indulgent, and above all, safe*.

For now: unpack. Unwind. Undress.

Welcome to the Dream.

Much love,
Mandy and Jason



Mandy Paul
Deputy Manager



Jason Wright
Centre Manager



*While we strive to ensure your wellbeing, The Aegean Dream Resort accepts no liability for any injury, illness (physical or mental), death, decapitation, loss of limbs or digits, or suspicious rashes that occur during your stay.

WELCOME TO ALYTHOS

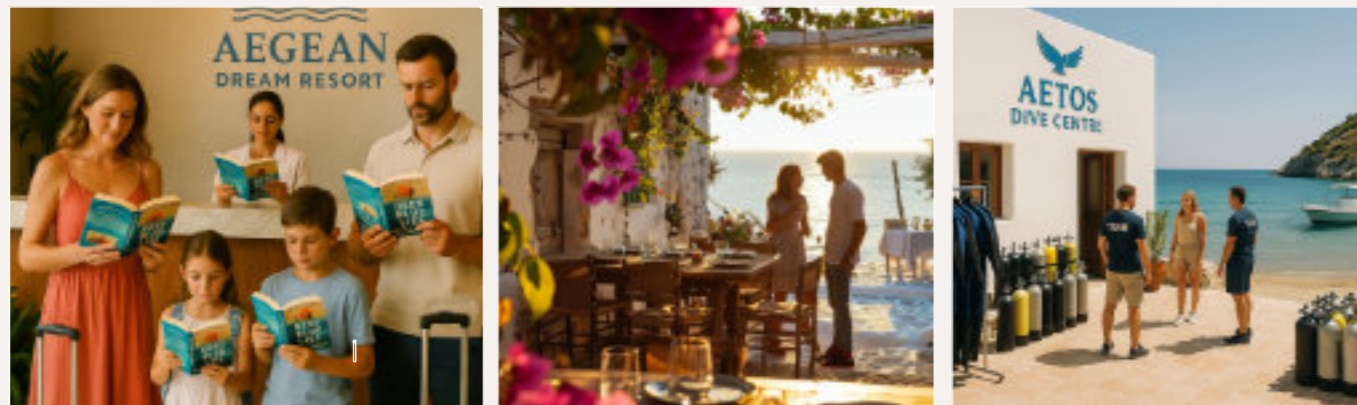
Discover the magic of our beautiful island with these exclusive experiences. Whether you're here to unwind, try something new, or completely lose your grip on reality, we have something for every kind of adventurer.

- Guided sunrise yogurt weaving – traditional, transcendental, mildly dairy-based
- Fall-off paddleboarding & synchronised snorkelling – coordination not required
- Dangerous animal petting zoo – you have ten fingers, you can afford to lose one
- Authentic Greek embalming classes – a family memory that lasts forever
- Blindfold clifftop walks – for guests who don't take life too seriously (afternoons only)
- Search and rescue parties – scheduled most afternoons.

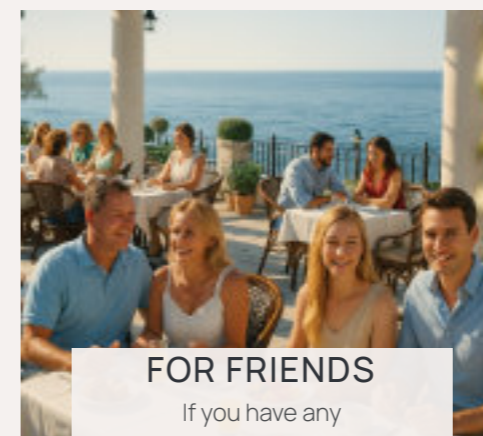
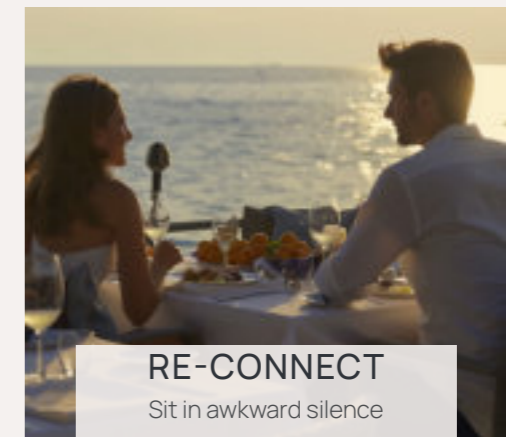
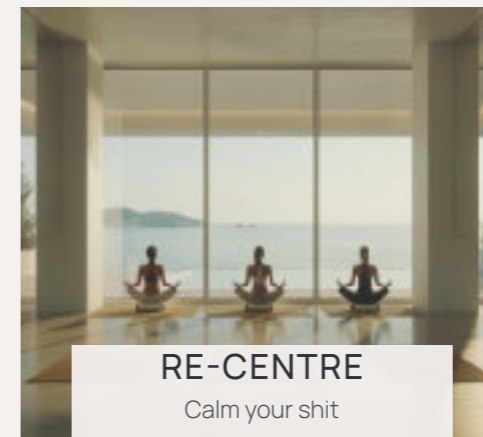
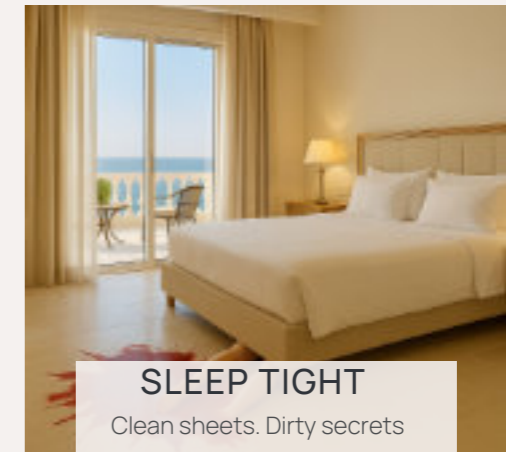
Guests are advised to travel in groups and inform next of kin before participating.

Please note some activities are not available to guests who retain good legal advice.

Please also note previous group activities such as Tantric Sex Wednesdays are no longer permitted due to island bylaws. Except on Wednesdays. Thank you for your understanding.



A LITTLE OF WHAT WE OFFER



* Mostly legal's fine

WORLD CLASS POOLS

DESIGNED TO MAKE YOU WET

Immerse yourself in luxury with our superb swimming pools, each designed to elevate your island escape and make you wetter than before you went in.

Cliffside Infinity Pool:

Enjoy breathtaking views over Skaliros Bay, ideal for serene morning laps—or for silently judging other guests' swimwear choices and body shapes.

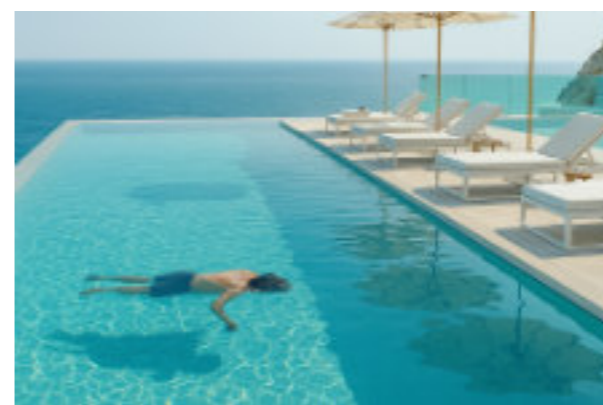
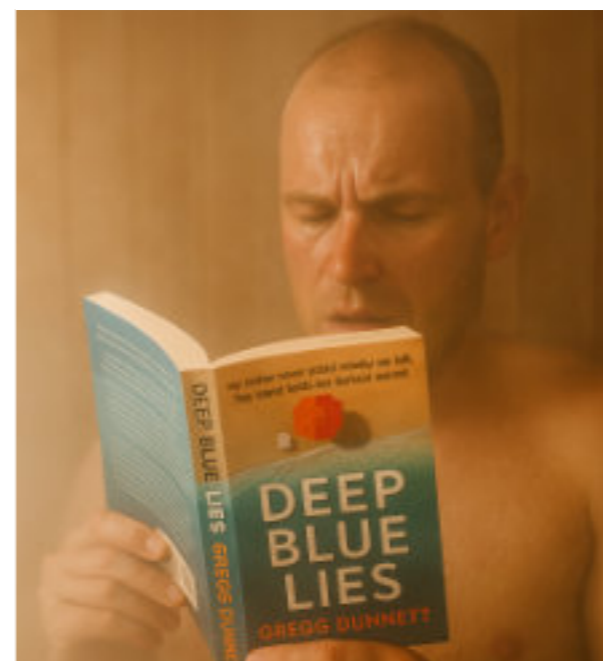
Adults-Only Tranquility Pool:

Escape among the olive trees with a selection of plush loungers, indecent cocktails - and our unique touch - the ever-present sound of Disney singalongs at maximum volume.

Family Pool:

Let the kids enjoy our dedicated family pool—now deeper than ever, and with the exit ladder still awaiting repair, for that extra sense of adventure. (Please note, we operate a surprise camouflage lifeguard system. They might be there, they might not, you'll never have to know.)

Wherever you choose to unwind, crystal-clear waters, poolside service, and a slight sense of unease are always included.



POOL BAR

DRINK LIKE A FISH

Relax and enjoy our full poolside service led by Karen Whitaker - who definitely knows her way around a cocktail. Or three.

Menus are available in all languages (except yours) but must be memorised on Wednesdays. Please note that service may be slower in the mornings (or afternoons) on account of possible staff hangovers. Please do not pet the alligators as they have been known to bite.

POOL RULES

Failure to comply with our pool rules may result in guests accidentally drowning. Thank you.

No diving. No bombing. No necking. No synchronised swimming. No unprotected sex in the family pool. No I didn't sleep with your boyfriend. No budgie smugglers. No, I **did** sleep with him - I just didn't know he was your boyfriend. No underwater podcasts. No Alarms and No Surprises. No amateur lifeguarding. No memory of last night? Join the club. No taxidermy near the water. No snakes, even if they are "just visiting." No baptisms. No weeing in the pools. No- don't worry - there's no way Jason will read any of this, he's totally off his face these days...

Towels are available on request. All towels must be returned dry. Damp towels will be considered theft.

FOOD



TERRACE RESTAURANT

Open every day (except when its closed)

Experience a la carte excellence - within screaming distance of the shoreline.

Our famous signature restaurant has breathtaking views, and has earned a real reputation among Alythos Island food safety inspectors – but hopefully standards have now improved.

Reservations are highly recommended - and perfectly normal when considering major life changes, such as divorce or murdering a spouse.



THE BEACH BAR

Deliciously laid-back, choose from a range of burgers and island specialities such as souvlaki, grilled halloumi.

New for this year: themed nights, including "Strip Karaoke," "Deadly Mushroom Roulette," and "Guess That Ingredient."



THE FINEST INGREDIENTS

At the Aegean Dream Resort we use only the freshest meats and fish, seasonal herbs and vegetables, almost entirely traceable to real-world suppliers, and where we can't avoid it, ethically-sourced. All our meals are made by, and sometimes accidentally from, real humans.

If you have any allergies or special dietary requirements, please submit them in writing to the Ministry of Agriculture in Athens at least six months prior to your meal and include a sixteen hundred word thesis on why anyone should give a shit.

TREATMENTS

RELAX

Indulge in our famous **Aegean Salt Scrub** to remove several layers of skin, or unwind in the **Whisper Therapy™** room, where staff sit uncomfortably close and mutter insults at you under their breath. For something truly restorative, try the **Stillness Space**, an airless chamber, modelled loosely (and possibly inaccurately) on Greece's ancient Buddhist roots,



REGRET

Join our guided meditation sessions in the **Echo Pavilion**. No experience necessary, our instructors will lead you gently inward, then leave you there screaming for what feels like – and possibly is – eternity. Guests sometimes report a profound sense of calm and clarity, but more often don't. Comes with a T-shirt and low quality afternoon meal.

REVENGE

Try yoga in our purpose-built studio, or don't, it's up to you. Whether you prefer to go 'down on the dog', or think that's disgusting, our bendy instructors promise to leave you feeling lighter, looser, and with limbs in places you never had them before. Please note, guests are requested not to speak to our yoga or mediations instructors unless spoken to first, as they suffer from anxiety.



KIDS KLUBS



ALYTHOS ADVENTURERS

Ages 5-8? Join the **Alythos Adventurers** for four hours a day of structured fun and supervised activities. Includes **free** t-shirt and low quality afternoon meal.

SKALIOS EXPLORERS

9-12 years old? you get a little more freedom, but don't worry parents - not so much that you'll have to see them. Our teenage supervising staff have very little training but haven't lost a child yet. Except that one time we don't have space to write about here.



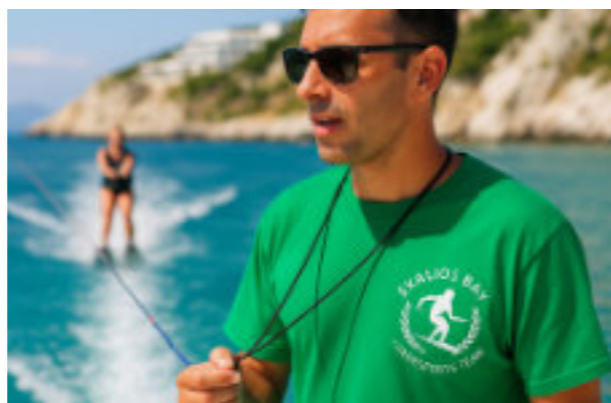
THE HORIZON 'COLLECTIVE'

13-17? Hot-damn, we dig it. Everybody hates you – and you hate right-back at 'em. So join the **Horizon Collective** - for laid-back chill-out hookups and hiphop rap sessions with the groovy gang and the gong-bong. Includes **free** t-shirt and low quality afternoon meal.



PARENTS

No club for you – you don't need one! With your little ones busy and having the time of their lives, you can kick back and pretend you still have a life too. All Aegean Dream Resort kids klubs include electronic ankle tags for tracking purposes. Please do not attempt to remove these as they may explode. Please also ensure your **free** club t-shirts are returned washed at the end of your stay.



CRECHE

A SAFE-ISH PAIR OF HANDS

You wouldn't leave your baby with just anyone – neither will we.

Our fully-supervised creche is run by Sally Nanny, with over six weeks of experience, she ensures a colourful, enriching environment for babies and children up age 4. Activities include drooling, licking-sand and browsing TikTok during naptimes (staff only). All staff are certified (50m breaststroke minimum), and those that don't drink so much are drug-and alcohol-tested. Parents may drop off their children anytime but please give notice if returning early so that the electric fence can be deactivated.



**OUR HEAD OF CHILDCARE
SALLY 'NANNY' JONES**



BEACH SPORTS

SERIOUS PLAY TIME

Open 9:30 am - 6:30 pm

Skalios Bay is the perfect place to try paddleboarding, sailing, snorkelling, or simply swimming out too far because you've realised your life's not worth living. Book a lesson, borrow some gear, or run screaming towards the sea until the water covers your head then don't turn around.

Our **Beach Team** of sun-kissed twenty-somethings are always nearby, partly for safety but mostly because they're not allowed to leave. They'll set you up, then laugh at you behind your back because they're younger and have better abs.

So whether you're here to master the wind, meet a fish, or just get a new Instagram profile picture making you look adventurous, you're in the right place.

Please note: if you require CPR, please let us know your social handles 24 hours in advance for tagging purposes.

Please also note: the zip in your hired wetsuit goes at the **back**, and yes, that smell is what you think it is.



DAY YACHT HIRE

Open for Breakfast and Dinner

Live your nautical fantasy aboard our private day yachts, available for hire bare-boat or with clothes.

Whether you're marking a family occasion, pretending to own a yacht for your dating app, or escaping from justice, this is the most luxurious and glamorous way to disappear for the day – or the rest of your life.

Cruise the beautiful yet also deadly Alythos coast, stop to hide loot in secret coves, or throw loved ones to the waves – the choice is yours.

Please note, the yachts shown in the image are in no way representative of the actual boat you will receive which may be much smaller, older and rapidly filling with seawater.

Full training is included in the price of your day-yacht hire. Please arrive five minutes before collecting your yacht for training purposes.

Guests are reminded the ocean is an unforgiving, savage and brutal place.

Simon Walker-Denzil
Chief yacht instructor

ALYTHOS

A TRUE HIDDEN GEM

The name **Alythos** comes from the Greek for **Hidden Truth or Secret**. But there are no secrets on the island today! Set in the heart of the Aegean Sea, Alythos quietly welcomes visitors with its charm and warmth – and, in most cases, sees them safely home again.

Though modest in size, the island offers a surprisingly varied landscape, from olive-strewn hills and crescent beaches to craggy mountains, tucked-away paths and an unexpected alligator swamp.

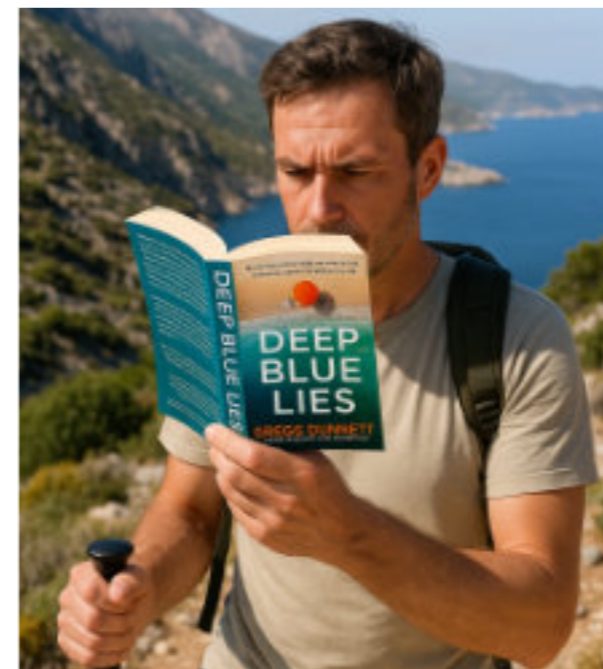
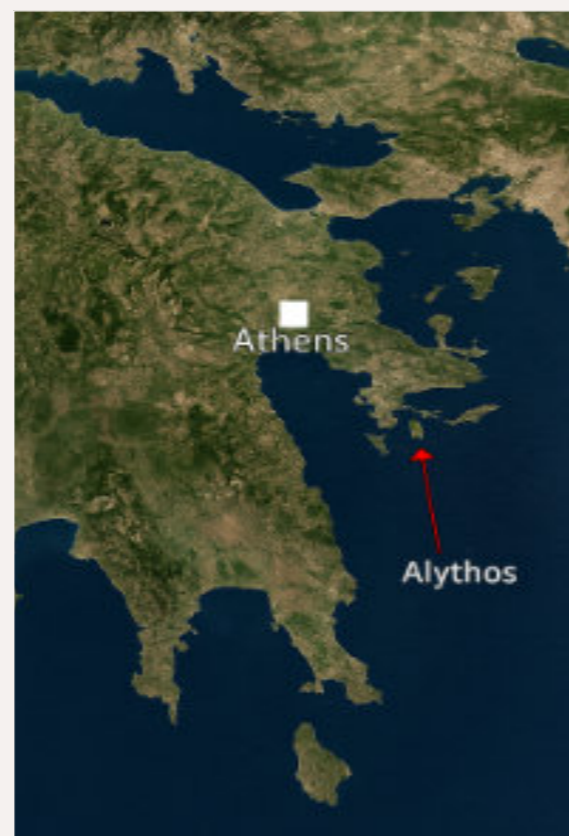
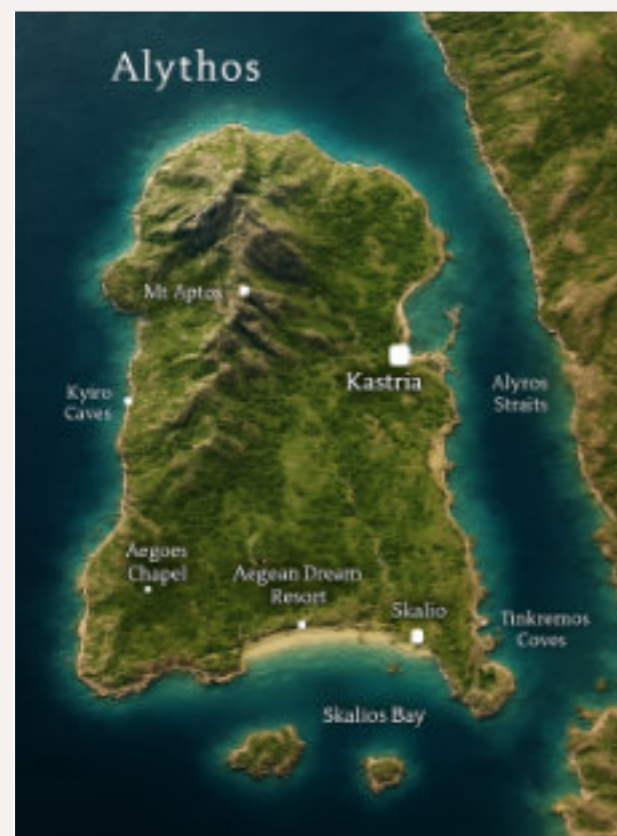
To the south lies **Skalio**, a pretty harbour town clustered around a working waterfront. Enjoy fresh seafood, traditional tavernas, and the easy charm of locals who don't ask too many questions.

In the north, **Mt. Aptos** looms above the island, strewn with the remains of dead goats, and the occasional hiker.

Don't miss **Kastria**, the island's capital, where stylish boutiques jostle with pavement cafés, and drunken Germans stagger along the sun-drenched streets. The kind of place that makes you lose track of time. And the will to live.

In the unlikely event of an accident, Alythos is equipped with a small but capable medical centre and a fully functioning police station.

We kindly ask guests not to leave the island without asking permission.



SKALIOS BAY

Nestled at the southern edge of Alythos, Skalios Bay is a sheltered curve of golden sand and shallow turquoise water. Ideal for swimming, sunbathing, or simply watching the world drift by.

With a range of restaurants and cozy tavernas clustered around the pretty harbour, it's also the island's dining hotspot, as well as home to its party scene – perfect for dancing the night away, on Metaxa, drugs, or a risky cocktail of both.

The bay is also the departure point for boat trips to the numerous smaller islands that lie further to the south of Alythos, and in the wider, blue Aegean Sea.

So whether you're here to explore, lose yourself, or even set a gripping psychological thriller featuring a young woman searching for her true identity, Skalios Bay offers the perfect balance of peace, beauty, and ominous possibility.

We hope you enjoy it as much as we do.

Images (top to bottom)

1. Alythos Kyiro Caves
2. Skalio Harbour
3. Hiking to Mt. Aptos
4. Trikremnos Coves

Thank You For Staying!

"A truly unforgettable trip – I still wake up
screaming."

– Former guest

